

Mystic

Eye Opener GFO\$

Two eggs and choice of bacon, sausage, bologna or ham, home fries, toast \$14
 Also available with one egg \$13

Healthy Start GFO\$

Fruit salad, yogurt, granola, toast with preserves \$14

Buttermilk Pancakes

Three pancakes. Served plain or filled with blueberries or chocolate chips \$8

Orange Cinnamon French Toast GFO\$

French toast infused with the flavours of cinnamon and orange \$9

Cheese Omelet GF

Three eggs accompanied by shredded cheddar cheese; home fries \$9
 Add veggies \$2
 Add meats \$4

Omwich GFO\$

A sandwich consisting of a 3-egg omelet on a grilled sourdough with cheese (cheddar and Swiss); home fries \$13.50
 Add veggies \$2
 Add meats \$4

Sides

4 slices bacon, 1 slice ham, 1 slice bologna or 4 sausages	\$5	Oatmeal and Raisins	\$5
One Egg	\$1.50	Cold Cereal	\$4
Toast with Preserves	\$5	Home Fries	\$5.50
Gluten Free Toast with Preserves	\$6	Yogurt with Granola	\$3

Beverages

Juice	
Small	\$2.50
Large	\$3
Milk	
Small	\$2.50
Large	\$3
Coffee	\$3.75
Tea	\$3.75
Green Tea	\$3.75
Hot Chocolate	\$3