

Lunch

SOUP & SALADS

SOUP DU JOUR

Served with roll. Ask your server for today's selection

\$9.00

CREAMY ITALIAN TOMATO V/GF

Served with gluten-free garlic toast.

\$9.00

1892 ONION SOUP

Flavorful onion soup flavored with 1892 traditional ale, topped with croutons and mozzarella cheese

\$10.00

SEAFOOD CHOWDER

Thick and creamy soup, loaded with cod, salmon, shrimp, clams and potatoes.

\$14.00

WARM SPINACH SALAD

Caramelized pears and walnuts served on a bed of baby spinach; drizzled with raspberry vinaigrette.

\$15.00

MYSTIC CAESAR

Fresh crisp romaine tossed with crumbled bacon and house made smoky Caesar dressing. Topped with garlic croutons and fresh parmesan cheese \$12. Add BBQ Chicken (5oz)

\$12.00

\$7.00

BENNETT SALAD

Spinach-romaine mix, dice ham, shredded cheese, hard boiled egg, bell peppers and tortilla crisps. Served with choice of dressing.

\$16.00

BOWLS

SALMON CURRY LINGUINE GFO\$

5 oz salmon atop linguine noodles with peppers, red onion & sun-dried tomatoes in a creamy curry sauce.

\$20.00

DUCK PAD THAI

Shredded duck meat sits atop a bed of chow mein noodles tossed with julienned vegetables, peanuts and house made Pad Thai sauce.

\$18.00



WARM SPINACH SALAD

CHICKEN & CASHEW BUDDHA BOWL \$18.00

Grilled chicken, cashews, honeyed zucchini and carrot on fluffy quinoa with sweet Thai sauce

VEGETABLE PASTA PRIMAVERA GFO\$ \$16.00

Carrots, peppers, broccoli, red onion and mushrooms tossed with Penne in a lemon cream sauce.

FALAFEL POWER BOWL GF/V \$17.00

Basmati rice topped with pickled red onion, pickled cucumber, tomato, shredded lettuce, and crispy fried falafel, finished with green tahini sauce.

BURGERS

MYSTIC BURGER GFO\$ \$20.00

6oz grilled ground all beef patty on a potato bun topped with cheese and bacon, red onion, lettuce, tomato and condiments.

MOZZA MOOSE BURGER GFO\$ \$20.00

Bacon infused ground moose patty, topped with sautéed mushrooms and onions, broiled mozza and bbq sauce on a potato bun.

LAMB BURGER \$20.00

5oz grilled ground seasoned lamb patty on a grilled potato bun topped with red onion, shredded lettuce and mint aioli.

BLACK BEAN BURGER GFO\$ \$16.00

House made black bean burger, topped with lettuce, tomato and red onion, with chipotle mayo on a potato bun.

Above Burgers served with French fries, Bombay potatoes, basmati rice or small soup. Substitute side salad (garden or Caesar) for \$4.50. Substitute sweet potato fries with chipotle mayo for \$5.00

9" PIZZAS

MOOSE DONAIR PIZZA

\$19.00

Thin-sliced in-house moose donair meat with sweet sauce, topped with diced tomato, onion, and mozzarella cheese.

PEPPERONI & BACON PIZZA

\$18.00

House marinara topped with crumbled bacon, pepperoni, and mozzarella cheese.

CHORIZO PIZZA

\$19.00

House marinara Chorizo, onion, green pepper Monterey cheddar blend.

MEDITERRANEAN CHICKEN PIZZA

\$18.00

Marinara, diced chicken, black olives, red onion, feta, mozzarella and parmesan cheese.

HAWAIIAN PIZZA

\$17.00

House marinara topped with pineapple, ham, bell peppers, and mozzarella cheese.



ENTRÉES

MYSTIC MAPLE CLUB GFO\$

\$21.00

Sliced chicken breast, romaine, tomato and bacon, layered between toasted sourdough bread with maple mayo.

BAJA QUESADILLA GFO\$

\$16.00

Crispy grilled tortilla shell filled with Monterey Jack, red onion, jalapeños and bell peppers, with side salsa and sour cream.

Add Chicken (4oz) or Ground Beef (4oz)

\$5.00

CORDON BLEU PANINI GFO\$

\$21.00

Sliced chicken breast, shaved ham and swiss cheese layered between grilled sourdough bread with crunchy mustard.

APRICOT CHICKEN SAMMIE

\$18.00

Thinly sliced chicken breast topped with apricot jam and mozzarella cheese on a soft schiacciata bun with lettuce and mayo. Served with a side.

GUINNESS STEAK HERO

\$24.00

Seasoned strips of beef, red onions and peppers, tossed with house Guinness sauce and topped with melted mozzarella. Served on a Vienna roll with smoked mayo.

MYSTIC TRIO

\$16.00

½ sandwich, small salad and small soup. Ask your server for today's options.

THAI GLAZED SALMON GFO

\$18.00

6 oz grilled Atlantic salmon brushed with sweet chili Thai sauce and topped with sliced almonds.

TORTILLA COD GFO

\$19.00

Tortilla breaded cod accompanied by chipotle-lime tartar sauce.

Above entrées served with French fries, Bombay potatoes, basmati rice or small soup.

